PATIENT INTRODUCTION

| Name | | MI _ | Birthdate | / | |
|---|---|--|--|----------------------------|---------------------------------------|
| Address | | City | Sta | ıte | Zip |
| Phone(H) | (W) | | (Cell) | | · . |
| Social Security | | _ Sex M/F | Marital Status S | /M/D |) / W |
| Employer | | E-Mail | | | |
| Names of Children | | | _Referred By _ | | |
| Spouse/Parents Name | | Insured's Employer | | | |
| Emergency Contact | | | Relations | nip | |
| Address | | | Pho | one | , |
| Patient must notify their auto or no the event the auto or no fault insura involved with the accident, we will notify our office of the name of you Assign benefits payable directly to I hereby authorize Cold Spring Ch Cold Spring Chiropractic to treat n | ance denies coverage or resubmit the all claims to your attorney. Cold Spring Chiropra iropractic to release any i | efuses payment you your personal health ctic nformation necessa | will be responsible for i insurance during litiga | the charges tion. You a | s. If a lawsuit is are responsible to |
| Name of Insurance: | | | t: / / R | eported to | the insurance? Y/N |
| Policyholder: | | | | | |
| | | | - | • • | |
| | CONSENT OF TR | EATMENT OF | MINOR CHILD | | |
| I hereby authorize Doctors at my son/daughter. | Cold Spring Chiropr | actic to administ | er chiropractic care | as he/she | deems necessary to |
| X | | | | | |
| Patient Parent or Guardian | Signature | | | Date | e |

Patient Health Questionnaire ACN Group, Inc. Form PHQ-102

ACN Group, Inc. Use Only rev 3/27/2003

| Patient Name | | Date | | · |
|--|--|---|--|--|
| 1. When did your symptoms start: | | | | |
| 2. How often do you experience your sympt ① Constantly (76-100% of the day) ② Frequently (51-75% of the day) ③ Occasionally (26-50% of the day) ④ Intermittently (0-25% of the day) | oms? Indicate wh | ere you have pa | in or other symptoms | |
| 3. What describes the nature of your sympte ① Sharp ② Dull ache ③ Burning ③ Numb ⑥ Tingling | oms? | | WHAT THE PARTY T | |
| 4. How are your symptoms changing?① Getting Better② Not Changing③ Getting Worse | | | | |
| 5. How bad are your symptoms at their: | | ① ② ③ ④ ① ② ③ ④ | | Unbearable |
| • | | ctivities? ® niting, prevents full activity | Intense, preoccupied with seeking relief | Severe, no activity possible |
| 8. What activities make your symptoms bett | er: | | | |
| 9. Who have you seen for your symptoms? | ① No One ② Other Ch | iropractor | Medical DoctorPhysical Therapist | S Other |
| a. When and what treatment?b. What tests have you had for your sympt and when were they performed? | | te:te: | | |
| 10. Have you had similar symptoms in the բ | oast? ① Yes | ② No | | |
| a. If you have received treatment in the pa the same or similar symptoms, who did yo | | | Medical DoctorPhysical Therapist | ⑤ Other |
| 11. What is your occupation? | | onal/Executive ollar/Secretarial erson | Laborer Homemaker FT Student | ⑦ Retired ® Other |
| a. If you are not retired, a homemaker, or student, what is your current work status? | | | Self-employedUnemployed | ⑤ Off work⑥ Other |
| 12. What do you hope to get from your visit | · · | * * * * * | | |
| | on of condition/treatr w to take care of this | | 6 How to prevent this fro6 | m occurring again |
| Patient Signature | | | Date | |

Patient Health Questionnaire - page 2

Doctors Signature

| *************************************** | | | | |
|---|------|------|------|--|
| | | | | |
| | | | | |

ACN Group, Inc. PHQ-102 ACN Group, Inc. Use Only rev 3/27/2003 Patient Name ____ Date What type of regular exercise do you perform? ① None 2 Light 3 Moderate Strenuous What is your height and weight? Weight Height lbs. Feet Inches For each of the conditions listed below, place a check in the Past column if you have had the condition in the past. If you presently have a condition listed below, place a check in the Present column. Past Present Past Present Past Present \bigcirc Headaches \bigcirc O High Blood Pressure \circ Diabetes \bigcirc O Neck Pain \bigcirc Heart Attack \bigcirc Excessive Thirst \bigcirc O Upper Back Pain \bigcirc Chest Pains \bigcirc Frequent Urination \bigcirc O Mid Back Pain \bigcirc Stroke \bigcirc O Low Back Pain \bigcirc Smoking/Use Tobacco Products 0 Angina \bigcirc O Drug/Alcohol Dependence \bigcirc \bigcirc Shoulder Pain O Kidney Stones \bigcirc ○ Elbow/Upper Arm Pain \bigcirc O Kidney Disorders \bigcirc Alleraies 0 0 O Bladder Infection \bigcirc Wrist Pain Depression \bigcirc \bigcirc 0 Hand Pain O Painful Urination O Systemic Lupus \bigcirc Epilepsy \bigcirc O Loss of Bladder Control \bigcirc O Hip/Upper Leg Pain \bigcirc O Dermatitis/Eczema/Rash \bigcirc O Prostate Problems Ο, ○ Knee/Lower Leg Pain \bigcirc O HIV/AIDS ○ Ankle/Foot Pain O Abnormal Weight Gain/Loss \bigcirc \bigcirc Loss of Appetite Females Only \bigcirc O Jaw Pain 0 O Abdominal Pain \bigcirc O Birth Control Pills \bigcirc Joint Swelling/Stiffness \bigcirc O Ulcer \bigcirc O Hormonal Replacement () Arthritis \bigcirc Hepatitis \bigcirc Pregnancy \bigcirc Rheumatoid Arthritis \bigcirc O Liver/Gall Bladder Disorder \bigcirc \bigcirc O Cancer 0 O General Fatique Other Health Problems/Issues \bigcirc \bigcirc ○ Tumor Muscular Incoordination \bigcirc 0 \bigcirc O Visual Disturbances \bigcirc \bigcirc \bigcirc Asthma \bigcirc Dizziness \bigcirc Chronic Sinusitis \bigcirc \bigcirc Indicate if an immediate family member has had any of the following: O Rheumatoid Arthritis O Heart Problems Diabetes O Cancer O Lupus List all prescription and over-the-counter medications, and nutritional/herbal supplements you are taking: List all the surgical procedures you have had and times you have been hospitalized: _____Date ____ Patient Signature Doctor's Additional Comments

Date



COLD SPRING CHIROPRACTIC CHARLES A. KINZER, D.C.

402 Red River Ave. N., Suite 3 Cold Spring, MN 56320 Telephone: (320) 685-8284

Fax: (320) 685-3740

| Name: | Date: |
|---|--|
| Auto Accident | Information |
| 1. What was your position in the vehicle?DriverFront Passenger | Rear Passenger Pedestrian (not in vehicle) |
| 2. What type of vehicle were you driving? Compact CarMidsize car Full TruckMini Van LG. Sport UtilMotorcycle | Full size carCompact TruckFull size vanSm. Sport UtilMotor HomeBicycle |
| 3. What was your vehicle doing just prior to the acStopped at a stop lightAt a complete stopMerging into trafficOther: | ccident?Slowing down to a stopIncreasing speedChanging lanes |
| Traveling at an approx5 mph10 mph15 mph35 mph40 mph45 mph65 mph70 mph75 mph | 20 mph25 mph30 mph |

| ٥. | What was your vehicles | point(s) of impact? | | |
|----|-------------------------------|---------------------|------------|-----------|
| | Front | Rear | Right Side | Left Side |
| | Right Front | Left Front | Right Rear | Left Rear |

You were hit by another car

You struck a stationary object
You struck another vehicle

| 6. Were you wearing seat restraints? | |
|---|--------------------------------|
| Full lap and shoulder restraints | Lap restraint only |
| Should restraint only | I was not wearing a restraint |
| 7. What position was your vehicles head rest in? | |
| Lowest position | Middle position |
| Highest position | No head rest in vehicle |
| 0 . | |
| 8. Did <u>your</u> airbags deploy? | |
| YesNo | |
| Auto Accident Inf | formation Cont. |
| | |
| | |
| 9. Were you prepared for the impact? | |
| Came as a complete surprise | Aware and braced for collision |
| Aware but not braced for collision | |
| | |
| 10. What happen to your body at the moment of in | _ |
| Body was tensed for impact | Body whipped forward/backward |
| Body torqued and twisted | Body was thrown over seat |
| Body was thrown for vehicle | Body was pinned in vehicle |
| Body was thrown from side to side | Body was cut and bruised |
| 11. What was your mental/emotional state immedi | iately following? |
| Unconscious | Shaken up |
| Disoriented | Shaken up & Disoriented |
| | Shaken up to Distributed |
| 12. Did you receive medical attention at the scene | of the accident? |
| Yes No | |
| Andrewson Addresses | |
| 13. Where did you go immediately following the a | ccident? |
| HospitalPersonal Doctor | This Office |
| Home Resumed daily a | ctivities |
| | |
| Any additional information: | * |
| | |
| | |
| | |
| | |

THIS NOTICE DESCRIBES HOW CHIROPRACTIC AND MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

In the course of your care as a patient at Cold Spring Chiropractic we may use or disclose personal and health related information about you in the following ways:

*Your personal health information, including any of your clinical records, may be disclosed to another health care provider or hospital if it is necessary to refer you for further diagnosis, assessment or treatment. *Your health care records as well as your billing records may be disclosed to another party, such as an insurance carrier, an HMO, a PPO, or your employer, if they are or may be responsible for the payment of your services.

*Your name, address, phone number, and your health care records may be used to contact you regarding appointment reminders, information about alternatives to your present care, or other health related information that may be of interest to you.

If you are not at home to receive an appointment reminder, a message may be left on your answering machine. Further, you have the right to inspect or obtain a copy of the information we will use for these purposes. You also have the right to refuse to provide authorization for this office to contact you regarding these matters. If you do not provide us with this authorization it will not affect the care provided to you or the reimbursement avenues associated with your care.

Under federal law, we are also permitted or required to use or disclose your health information without your consent or authorization in these following circumstances:

*If we are providing health care services to you based on the orders of another health care provider.

*If we provide health care services to you in an emergency.

*If we are required by law to provide care to you and we are unable to obtain your consent after attempting to do so.

*If there are substantial barriers to communicating with you, but in our professional judgement we believe that you intend for us to provide care.

*If we are ordered by the courts or another appropriate agency

Any use or disclosure of your protected health information, other than as outlined above, will only be made upon your written authorization.

We normally provide information about your health to you in person at the time you receive chiropractic care from us. We may also mail information to you regarding your health care or about the status of your account. If you would like to receive this information at an address other than your home or, if you would like the information in a different form please advise us in writing as to your preferences.

You have the right to inspect and/or copy your health information for seven years from the date that the record was created or as long as the information remains in our files. In addition you have the right to request an amendment to your health information. Requests to inspect, copy or amend your health related information should be provided to us in writing.

We are required by state and federal law to maintain the privacy of your patient file and the health protected health information therein. We are also required to provide you with this notice of our privacy practices with respect to your health information.

We are further required by law to abide by the terms of this notice while it is in effect. We reserve the right to alter or amend the terms of this privacy notice. If changes are made to our privacy notice we will notify you in writing as soon as possible following the changes. Any change in our privacy notice will apply for all of your health information in our files.

Information that we use or disclose based on this privacy notice may be subject to re-disclosure by the person to whom we provide the information and may no longer be protected by the federal privacy rules.

If you have a complaint regarding our privacy notice, our privacy practices or any aspect of our privacy activities you should direct your complaint to:

Gayle Kinzer, Privacy Officer

If you would like further information about our privacy policies and practices please contact:

Gayle Kinzer, Privacy Officer

| amendments made hereto will expire seven years after the date upon which the record was created. My signature acknowledges that I have received a copy of this notice. | | | | |
|--|-----------------------------------|--------|--|--|
| Name (Printed please) | Signature | Date | | |
| If you are a minor, or if you are being | represented by another party | | | |
| Personal Representative (Printed) | Personal Representative Signature | e Date | | |
| Description of the authority to act on | behalf of the patient. | - | | |

This notice is effective as of April 14, 2003. This notice, and any alterations or

Cold Spring Chiropractic

Patient Authorization for thank you cards, birthday cards, newsletters, appointment reminders and scheduling related matters.

It is our desire for our team to use your name, address, telephone number, and/or e-mail address for the purpose of contacting you to remind you about scheduled or missed appointments, re-evaluations or other appointment related issues. We may also use this information to send you a newsletter, thank you or birthday card.

The use of this information is intended to make your experience with our office more efficient, productive and to further enhance your access to quality health care. If you choose not to authorize the use of this information, your decision will have no adverse effect on your care from Cold Spring Chiropractic or on your relationship with our team.

Your signature indicates your authorization of this activity.

| Name (printed) | Signature | Date |
|----------------|-----------|------|

This authorization may be revoked by you at any time. Revocation may be accomplished by advising us in writing of your desire to withdraw your authorization. Please allow a reasonable processing time for the change in our system to be completed.